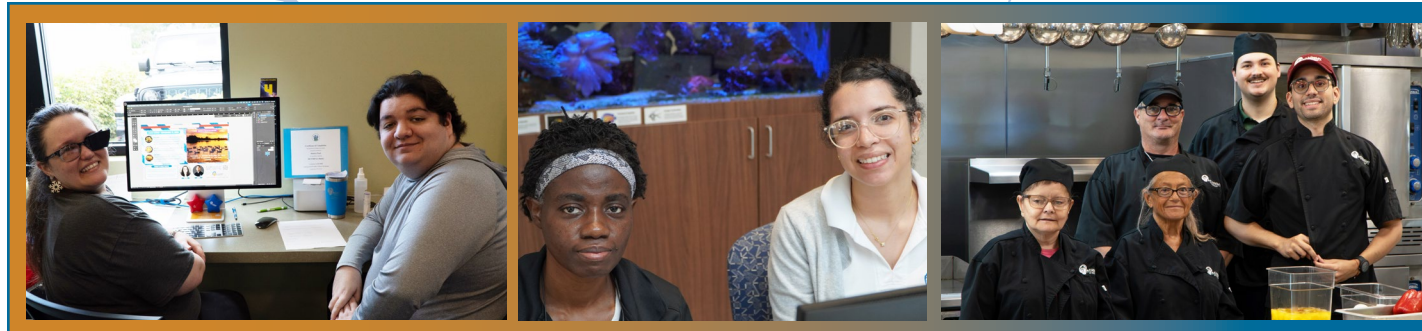


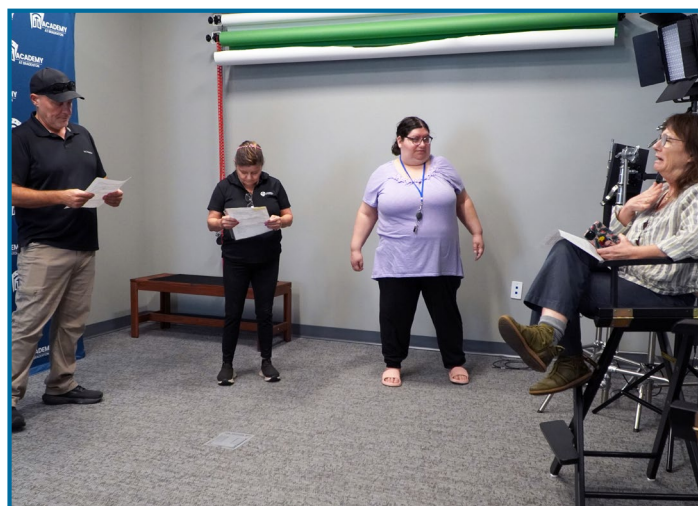


LIGHTS! CAMERA! ACTION!

The Academies at Glengary and Bradenton held auditions last week for our latest video production: *Mind Over Mountain*. The video will be presented at our fall fundraising series, fitting appropriately into this season's theme, Seeking Higher Ground in Mental Health.

Scripts were available a month prior to the audition and members were strongly encouraged to familiarize themselves with their lines. Boy, were we surprised when a few of our would-be thespians came to the audition with no script in hand! Having memorized their lines, they were really able to throw themselves into their characters.

There will be plenty to do for everyone once we start filming. From location scouts to camera operators, film editors, set designers and more, our deck will need all the hands. We've often said that the Academy is a pathway to success, friendship, and careers. With this upcoming video, we're going to take you with us on the trail.



Auditions for our upcoming Fall fundraisers

WELCOME TO ALICIA JENNINGS

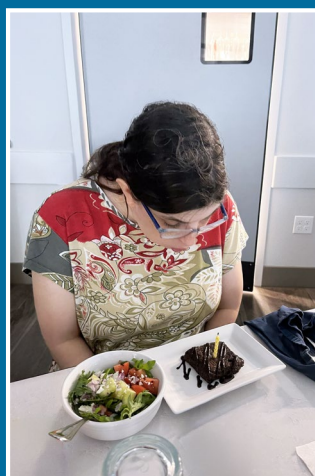
by Alicia Jennings

I am a caregiver to my father who struggles with Stage 3 dementia. For the last several years I have been at home caring for him alongside my mom. The social isolation made my depression and anxiety so much worse. My psychiatrist told my mom about the Academy and the rest is history.



When I first took my tour, I got very excited about working in the culinary team. I had no experience in a commercial kitchen but that didn't stop me from diving right in. The culinary instructor, also named Alicia, makes me feel so comfortable and she teaches me with patience and passion.

Another goal of mine is to work in food service and I'm sharpening my skills every day that I'm here. But that goal is a bit down the road for me. For now, I'm happy to be cooking here at the Academy.



Alicia Jennings blowing out her birthday candle (L) and celebrating the special day at the Academy at Bradenton (R)

LUNCH & LEARN



Academy at Bradenton members Ray Reilly (Far L) and Eugene Smith (3rd from L) with Gannon University staff and students

A CLASS ACT

Our collaborations with higher education are among our most fruitful. Bringing future professionals into the Academy provides us with the opportunity to share firsthand knowledge of mental health wellness and recovery. These hands-on experiences can help shape the perspectives of our future doctors, therapists, and other health care professionals. The contribution of these college students enriches our community and adds to the experience and wellness process of our members.

One of our long-standing academic partners is Gannon University. Over the years, we have had first-year students plan and facilitate a group activity for members, and doctorate level students join us for 12-week internships. This week, we had 15 students, along with Gannon University Program Director Karen Dishman, join us for a Lunch & Learn.

Big thanks to our Volunteer Coordinator Elena Vizvary for coordinating the visit.

Interested in scheduling a Lunch & Learn?

Please contact Jodi-lee Weiss at 941-929-2800 (Bradenton) and Patty Haltinner at 941-921-9932 (Glengary)



Omar Tlemsani (Center) teaching members and staff at Academy at Bradenton sign language

SHARING THE SIGNS

by Omar Tlemsani

I recently taught a sign language workshop and shared what I know with other people at the Academy. I am fluent in sign language since I have learned it through the years. The class was fun and many people had questions, showed interest, and were engaged in learning sign language.

Often, there are things that are seen in ASL that are simplifications of normal English. For instance, the sign for pizza uses the two signs for "P" and "Z" with one hand, and then with the other hand held open representing the dough in the pizza. This is just one of the many wonders of ASL that make it a real language.



SARASOTA CAMPUS

1910 Glengary Street
Sarasota, FL 34231
(941) 921-9930



BRADENTON CAMPUS

601 12th Street West
Bradenton, FL 34205
(941) 929-2800



AcademySRQ.org

DOUBLE YOUR INVESTMENT

visit our website

AcademySRQ.org

and click on the **Donate Now** button

Thank you for transforming lives!

The Academy at Glengary, Inc., is a 501(c)(3) charitable organization. All donations are tax-deductible to the extent allowed by law. The Academy at Glengary is registered with the state of Florida (CH56160). A copy of the official registration and financial information may be obtained from the Division of Consumer Services at www.fidacs.gov/ConsumerServices or by calling toll-free 800-435-7352 within the state. Registration does not imply endorsement, approval, or recommendation by the state.



A network partner of:



Designed and printed on-site by members and staff of the Academy.



Public-Private Partnership