



## NEW YEAR, FRESH GOALS!

Members and staff look toward our bright shared future as we reflect on the past year and set our intentions for the year to come. We don't love the word "resolution" because we like a little wiggle room in our plans, but the common themes among us are not the acquisition of stuff and things but rather self-improvement, service, and deepening community.

We wish our community at large, acquaintances old and new, a safe and happy new year!

"I want to become established in today's society." –**Ray Reilly** "I want to be more of a team player, eat healthier, and lose weight." –**Gerry Zago** "I want to be better than I was in 2025." –**Alicia Velez** "I want to find a hobby." –**Vanessa Alcantara** "I want to tone up my body." –**Hannah Lindell** "I want to be healthier and to do better." –**Irene Lunt** "I want to get my GED." –**Ryan Krajewski** "I want to read more." –**Joanne Campbell** "I want to make things better." –**Nathalie Estiverne** "I want to live in the present with gratitude." –**Jodi Weiss** "I want to make better financial decisions." –**Juan Tello** "I want to do landscaping at home and read more." –**Bill Hunter** "I want to stay out of the hospital for another year." –**Ashley Muscat** "I want to come to the Academy more." –**Jose Campos** "I want to be able to do 10 pull ups." –**Josh Posada** "I want to have a happier and healthier new year." –**Mike Messmer** "I want to practice yoga once a week." –**Brooke DePuy** "To get my commercial remote pilot license, by passing the Part 107 exam for drone flying so we can use it for Academy projects." –**Ian Churchill** "To be more social." –**Long Pham** "Watch my weight, be more patient, and focus more while letting myself still relax." –**Rima Ghalieh** "Continue to work and seek opportunities at Sarasota Memorial Healthcare system." –**Samuel Parris** "To be happier." –**Brent Jephson** "To gain weight and

get a graphic design job." –**Jake Whitmer** "To drink more coffee and travel to more states!" –**Danica Willis** "To continue working out, eating healthy, and meditating." –**Jen Page** "To learn to animate and live on my own." –**Hunter Lanoue** "To eat healthier and continue pushing my comfort zone!" –**Trevor Houlroyd** To lose weight." –**Ryan Eskew** "To get out more... walking, socializing, enjoying life." –**Loriann Smith** "Be more consistent in the gym and go four days a week!" –**Bailee Steury** "To lose weight and get a job." –**Elizabeth Hervig** "Reach out to more members with needs that I am able to help them fulfill." –**David Meyersburg** "To lose more weight slowly but surely." –**Jason Sulimay** "I want to go outside more often." –**Alex DeSanctis** "Ask me next year!" –**John Peacock**





Bradenton



Bradenton



Bradenton



Bradenton



## THE HOLIDAYS ARE MEANT FOR SHARING

At the Academy, every holiday provides us with an opportunity to build community. Nonetheless, the holidays can be a difficult time for some, and being alone on days of celebration is not good for anyone's mental health. That is why, every year, we open our doors on December 25th to members, families, friends, staff and volunteers, and offer an exquisite holiday buffet.

This past week we hosted our 9th annual holiday meal, but with an exciting "first." Given the growth of our community, this was the first time that we offered holiday meals at both campuses. Academy at Glengary welcomed over 80 guests, our highest attendance ever, and Academy at Bradenton welcomed members and families to its first holiday meal. It was a day to remember, filled with friendship, community, delicious food, and a sense of belonging.



Glengary



Glengary



Glengary

### SARASOTA CAMPUS

1910 Glengary Street  
Sarasota, FL 34231  
(941) 921-9930



### BRADENTON CAMPUS

601 12th Street West  
Bradenton, FL 34205  
(941) 929-2800



[AcademySRQ.org](http://AcademySRQ.org)

## DOUBLE YOUR INVESTMENT

visit our website

[AcademySRQ.org](http://AcademySRQ.org)

and click on the  **Donate Now** button

**Thank you for transforming lives!**

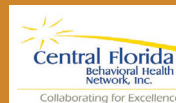
The Academy at Glengary, Inc., is a 501(c)(3) charitable organization. All donations are tax-deductible to the extent allowed by law. The Academy at Glengary is registered with the state of Florida (CH56160). A copy of the official registration and financial information may be obtained from the Division of Consumer Services at [www.fidacs.gov/ConsumerServices](http://www.fidacs.gov/ConsumerServices) or by calling toll-free 800-435-7352 within the state. Registration does not imply endorsement, approval, or recommendation by the state.



A network partner of:



*Designed and printed on-site by members  
and staff of the Academy.*



Public-Private Partnership