



RINGLING ART SHOW VISIT

This week, our member artists visited the Community Gallery at The Ringling. You may remember reading in an earlier article that the Academy was selected by The Ringling to exhibit our members' artwork in their gallery. Our artists are so excited for this opportunity! They wanted to see the space and the gallery cases so they could determine how many items could be included in the display. Caitlyn Shanley, Community Relations Coordinator at The Ringling, gave us a tour of the gallery and the space where the opening reception will be held. Our artists have a bit of work to do to prepare for the exhibit. And probably the hardest part will be figuring out which of their pieces they would like on display. Some even need to create more artwork as they sold all their pieces at the Art of Reovery Show and Sale held last December. Stay tuned!



(left to right) Paul Matteson, Rima Ghalieh and Rebecca Woflson



(left to right) Chantel Ginerich, Joanne Campbell, Lori Wiest and Naomi Treece

WARM WELCOME

Christina Hartsock



Christina Hartsock

I started at the Academy at Glengary about a month ago after hearing about it from a friend who attends. I decided to see for myself and dare to dream. I loved everything about the Academy, everyone was so friendly and approachable. I was amazed to discover that I had access to anything I wanted to learn here, and I could have a real chance at building new skills that would frankly change my life. It means so much to be accepted and seen and heard, as it is so hard to propel yourself into more successful outcomes without this type of support. I look forward to gaining confidence in my ability to navigate employment by acquiring the skills and knowledge that I need to succeed, and to eventually become more financially independent.

WOMEN IN MEDICINE

by Pamela Weston

Recently, we were able to attend the Women and Medicine Educational Luncheon hosted by the Sarasota Memorial Health Care Foundation. It was exciting to hear about the upcoming behavioral health services that will be available at the new Cornell Pavilion Center. The panel spoke about how we all have something that we are going through. By working together and expressing what we feel, we won't be alone in our struggles.



(left to right) Vanessa Alcantara, Christina Hartsock, Pamela Weston and Patty Haltinner

PARTING IS SUCH SWEET (AND SAVORY) SORROW

Since early February, we have had the pleasure of working with two Occupational Therapy Doctoral students, Riley Price and Kylie Brown, from Gannon University, who worked side-by-side with us as part of their Level-1 training.



(left to right) and Kylie Brown and Riley Price

As a final step of their internship with us, they offered a presentation titled “Food for Thought”, an interactive workshop on preparing healthy foods that support good mental health. Their healthy snacks were a big hit, but it was bittersweet to see their time end with us.

We were honored to be part of their professional journey, and they both expressed that they loved the experience of working side by side with our members. Best of luck to both of them; we know they’ll do great things! Big thanks to our volunteer coordinator, Elena Vizvary, for coordinating and supervising their experience.



CODING F.I.T.

By Maureen Flaig

This week, I attended a workshop on computer coding, created and led by Academy member Erika Schlunk. The workshop is part of the Academy’s new F.I.T. initiative, demonstrating Intellectual Wellness.

With Erika’s user-friendly approach and step-by-step instructions, we recreated the first-ever video game Pong. Member Benjamin Foreman attended the workshop and he explained, “Erika began by playing the role of a computer to help us understand how computers think. She asked us to give her instructions on how to get to a chair across the room. When we told her to turn around, she kept spinning in circles until we realized we needed to say, ‘stop spinning’. This showed us how computers don’t take things into account the way humans do.”

Erika made the daunting idea of computer coding delightfully simple, intuitive, and yes, even fun. I couldn’t believe how fast the hour flew by!



(left to right) Maureen Flaig, Rima Ghalieh, Dalya Aponte-Sotomayor, Greg Agnacion, Mimi Dougherty, Erika Schlunk and Danica Willis.



The Academy at Glengary is accredited by Clubhouse International and is made possible by a Public-Private Partnership. This newsletter is designed and printed on-site by the Graphic Design & Multimedia team.

All events take place on-site at the Academy and many are offered through the Zoom app. Watch Slack for Meeting ID and Password.

Monday, April 17

- Morning Meeting - 9 a.m.
- Individual Team Meetings - 9:30 a.m.
- Newsroom Meeting - 11 a.m.
- Rima’s Typing Workshop - 12 p.m.
- Graphic Des/Multimedia Team Meeting - 1:15 p.m.
- Bus & Tech/Culinary Team Meetings - 1:30 p.m.
- Gym - 3:30 p.m.

Tuesday, April 18

- Morning Meeting - 9 a.m.
- Individual Team Meetings - 9:30 a.m.
- Academy Meeting - 1:30 p.m.
- Individual Team Meetings - 2 p.m.

Wednesday, April 19

- Morning Meeting - 9 a.m.
- Individual Team Meetings - 9:30 a.m.
- Menu Planning Meeting - 11:45 a.m.
- Graphic Des/Multimedia Team Meeting - 1:15 p.m.
- Bus & Tech/Culinary Team Meetings - 1:30 p.m.
- Wellness Wednesday Workshop - 3 p.m.

Thursday, April 20

- Morning Meeting - 9 a.m.
- Individual Team Meetings - 9:30 a.m.
- Writer’s Workshop - 11:30 a.m.
- Graphic Des/Multimedia Team Meeting - 1:15 p.m.
- Bus & Tech/Culinary Team Meetings - 1:30 p.m.
- Mission Meeting - 4 p.m.

Friday, April 21

- Morning Meeting - 9 a.m.
- Individual Team Meetings - 9:30 a.m.
- Graphic Des/Multimedia Team Meeting - 1:15 p.m.
- Bus & Tech/Culinary Team Meetings - 1:30 p.m.
- Spanish Workshop - 2 p.m.

HYBRID WORK-ORDERED DAY

Gardening available daily through Culinary Arts



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