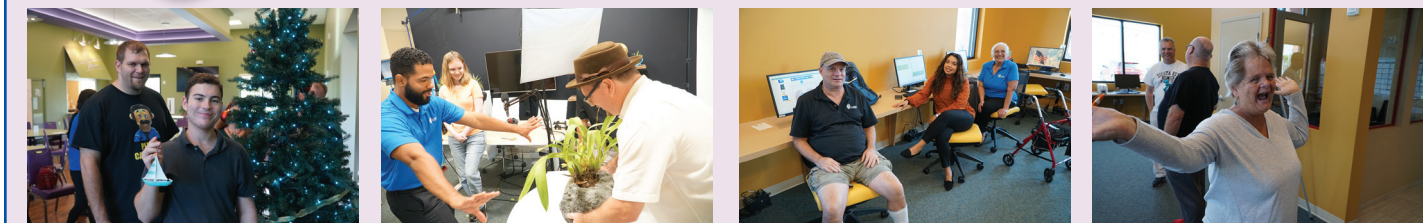


# Glengary TIMES

NEWS OF THE ACADEMY AT GLENGARY

DECEMBER 2, 2022



## OUR 3-YEAR REVIEW

*The Academy welcomed Clubhouse International faculty into our community to measure our success and help guide our future development.*

What a week for us! For only the second time since our inception, we had Clubhouse International faculty here for an accreditation visit. For two days, Clubhouse faculty members Mike Wnuk of Gateway in Greenville, South Carolina and executive director Paige Huff of Alliance House in Salt Lake City, Utah spent time with members, staff, our board of directors, and even several employment partners. They observed us in our teams, at meetings, and on the job with members. Their purpose was to assess our effectiveness at adhering to the 37 Clubhouse International Standards which define Clubhouse culture and philosophy.

On their third day with us, they presented their preliminary findings to our community. In addition to members and staff, we also had family members, board members, and Ambassadors in attendance. Mike and Paige began by highlighting our many strengths, and then they discussed our performance on each section of Clubhouse Standards, and provided us with recommendations for improvement. While

we won't know anything official for several months, we are feeling confident in the strength of our community, a community that we have all built together. We know our hearts and passion shine, and it was a wonderful experience to share our community of hope and recovery with them.



(left to right) Mike Wnuk and Paige Huff check out the studio



(left to right) Idanes Paredes, Candy El-Azzaoui, Paige Huff and Mike Wnuk



Academy members, staff, board, and families listened to the accreditation team findings.



# Wellness

Wellness activities are held every Wednesday from 3-4 p.m.

by Jason Sulimay

At the Academy at Glengary, we have a Wellness Wednesday every week. This week for Wellness Wednesday we did our holiday decorating. For our holiday tree decoration, I helped wrap the gold ribbon around the tree and Andrew Cavazzi and I affixed the star at the top. We also, for a moment, couldn't figure out how to turn on the gratitude tree lights, but I figured out how to turn them on and then they lit up. We listened to holiday music via our plug-in music speaker as we decorated the gratitude tree. Just before Thanksgiving, members and staff wrote the things they are grateful for on paper leaves, and today everyone helped to decorate our gratitude tree with them. I enjoyed helping decorate the tree and listening to the music with the other members.



All events take place on-site at the Academy and many are offered through the Zoom app. Watch Slack for Meeting ID and Password.

## Monday, December 5

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:30 a.m.  
Graphic Des/Multimedia Team Meeting - 1:15 p.m.  
Bus & Tech/Culinary Team Meetings - 1:30 p.m.

## Tuesday, December 6

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:30 a.m.  
Academy Meeting - 1:30 p.m.  
Individual Team Meetings - 2 p.m.

## Wednesday, December 7

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:30 a.m.  
Newsroom Meeting - 11 a.m.  
Menu Planning Meeting - 11:45 a.m.  
Graphic Des/Multimedia Team Meeting - 1:15 p.m.  
Bus & Tech/Culinary Team Meetings - 1:30 p.m.  
Wellness Wednesday Workshop - 3 p.m.

## Thursday, December 8

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:30 a.m.  
Graphic Des/Multimedia Team Meeting - 1:15 p.m.  
Bus & Tech/Culinary Team Meetings - 1:30 p.m.  
Mission Meeting - 4 p.m.

## Friday, December 9

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:30 a.m.  
Art Show Planning Meeting - 10:30 a.m.  
Writer's Workshop - 11:30 a.m.  
Graphic Des/Multimedia Team Meeting - 1:15 p.m.  
Bus & Tech/Culinary Team Meetings - 1:30 p.m.  
Spanish Workshop - 2 p.m.

>>>> HYBRID WORK-ORDERED DAY <<<<

Gardening available daily through Culinary Arts



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