



I FOUND MY CAREER PATH

by Ian Churchill

Finding the right career path is certainly an arduous journey for many that, at times, can feel more like an up-hill climb than you'd think. For me, it certainly was that; difficult but not impossible. The story starts off with me taking an IT course at Suncoast Technical College planning to be a technician. After discovering that the course wasn't for me, I enrolled in an online medical billing introductory course to see if I had an interest in this field. After deciding that this field didn't suit me well, I really didn't know what I wanted to do. My dad was volunteering teaching English and I would begrudgingly go with him and help out, but my heart wasn't into it. About a couple years later, I changed my mind about this. I discovered I had a strong passion for languages. By studying Spanish I realized how much I could provide opportunities for a better life for immigrants living in the U.S. As it turns out I was already teaching Spanish at the Academy which aided in sustaining my passion for language and teaching. Then, my mom volunteered to teach the immigrants in a classroom and I was invited to help. This time though, I did it with sheer gladness, humility, and compassion for them. Back in December, I started a 120-hour Teaching English to Speakers of Other Languages certification course or (TESOL) for short. A week ago, I completed it and received my certificate. I look forward to what the future holds for me and where this will take me.



Ian Churchill

WELCOME Maureen Flaig



Maureen Flaig

Hi, my name is Maureen and finding the Academy has been a dream come true for me. Many years ago I earned a Journalism degree and worked in public relations in Michigan for several years. And then came kids! After staying home with my two daughters I developed an illness and was unable to return to work for 20 years. Depression and isolation set in making things worse. I never thought I'd be able to work again. Last year I moved to Florida where I continued to struggle with isolation, low self-esteem and depression -- until recently, when I learned about the Academy from my therapist. Since I've started coming here, I continue to be amazed at the Academy and all it has to offer people like me. The members and staff are warm and welcoming. I love spending time in Graphics where Joanne is reacquainting me with tools and techniques I used in my previous career, as well as teaching me new skills on programs like InDesign and PhotoShop. Coming here has led to many miracles: I am making friends, learning new skills (and re-learning old ones), gaining some confidence, and finding hope that a better future is possible for me. Best of all, I am not lonely anymore.

ZACH IS BACK

by Zach Pastor

Almost two months ago I broke my leg in multiple places requiring two surgeries! While resting I got so many nice calls and cards from the Academy that made me feel special. So, when I came back to the Academy, I wrote a rap song and I said "let's make a music video for the Academy about slipping and falling," which is how I got hurt. The result was great and everyone including my family thought it was hysterical. Thank you to everyone who has been so nice to me during this difficult time.



Zach Pastor

RECOVERY FROM THE GROUND FLOOR

by Lazaro Rodriguez

I have attended the Academy at Glengary for three years and I have learned many things, from working in Business and Technology to preparing meals in Culinary. The Academy is now expanding and a new location in Bradenton is set to open in May of 2023. While the building is under construction, we are in a rented office space across the street. I'm excited to be a part of starting a new Clubhouse. We are near the Riverwalk Park, so occasionally we will pack a lunch to enjoy there. I plan to attend this location because it's closer to my house. At this location, I will continue to further my knowledge by becoming involved in new projects. I highly recommend the Academy to anyone who is seeking support in their recovery so that they can feel comfortable in the community.



Lazaro Rodriguez

Wellness

Wellness activities are held every Wednesday from 3-4 p.m.

NO-STRESS PUMPKIN FUN

by Luka Sloane

For Wellness Wednesday we painted on miniature pumpkins to create our own little pumpkin art pieces! I had a lot of fun with this because I love art, and painting on 3d surfaces is a lot of fun for me. We had a lot of creative minds that joined in and painted, and everyone's pumpkins turned out wonderful.



Luka Sloane

Art is a very good way to de-stress, and just let yourself be creative! It is also a great way to express yourself in a unique way.



The Academy at Glengary is accredited by Clubhouse International and is made possible by a Public-Private Partnership. This newsletter is designed and printed on-site by the Graphic Design & Multimedia team.

All events take place on-site at the Academy and many are offered through the Zoom app. Watch Slack for Meeting ID and Password.

Monday, October 31

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:30 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.

Tuesday, November 1

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:30 a.m.
Academy Meeting - 1:30 p.m.
Individual Team Meetings - 2 p.m.

Wednesday, November 2

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:30 a.m.
Newsroom Meeting - 11 a.m.
Menu Planning Meeting - 11:45 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Ambassador Luncheon Planning - 2 p.m.
Wellness Wednesday Workshop - 3 p.m.

Thursday, November 3

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:30 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Mission Meeting - 4 p.m.

Friday, November 4

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:30 a.m.
Art Show Planning Meeting - 10:30 a.m.
Writer's Workshop - 11:30 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Spanish Workshop - 2 p.m.

Gardening available daily
through Culinary Arts



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