



## WHERE DOES THE TIME GO?

The Academy celebrated its 5th anniversary last week. Where did the year go? Time has flown this year. With Covid waning, we've gained new members, new technology, new projects, and new transitional employment positions. We took the day to celebrate these milestones and reflect on all that our members have achieved. From tackling an unfamiliar project, to working a first job, to baking a cake in the image of our still-under-construction Academy at Bradenton, our Academy members have stepped up to make it happen. The Culinary Arts team prepared and served a fabulous meal that was shared in the packed dining room. So packed, in fact, that additional tables had to be brought in from the classrooms!

## ANNIVERSARY CELEBRATED WITH SERVICE PROJECT

We still have room for more donations! Please help us celebrate our 5th anniversary by dropping off gently used towels, wash cloths, travel size hygiene products, and new socks and undergarments. We've selected Turning Points in Manatee County to receive our donations as they help homeless individuals.

**Drop off your donations through Thursday, June 30, from 8:30 a.m. to 5 p.m.**



(left to right) Dariel Paredes, Juan Martinez, Zach Pastor, Cathy Dexter and Vanessa Alcantara

# BACK TO WORK

by Stephen May

Back to Work is a phrase we are all familiar with. I started back to work recently at Poochies Pampered Pups. A doggy daycare run by Dennis and Bond Smith. Fully equipped, Poochies offers everything from an entrancing work environment, detailed grooming, baths, to hugs and kisses with brand new friends. I am a transporter for Poochies. What is a transporter, you ask? Only the best job there is. After a fun-filled day for your dog, I get the pleasure of dropping them off at home for owners who are too busy during the day. Seeing how happy and excited their cute little faces get is the most rewarding part. I love it so much, I'd do it for free, but don't tell my boss.

This article is dedicated to Allister. R.I.P. sweet boy.



Stephen May

## Wellness

Wellness activities are held every Wednesday from 3-4 p.m.

This week we held a Wellness Committee meeting to talk about ideas for upcoming Wellness Workshops. These meetings are a wonderful opportunity for members to give input for wellness topics they would like to learn about or share with other members. The Academy encourages members to facilitate meetings, work on public speaking skills, and share constructive ideas that help others improve their wellness. During the meeting new member Andrew Dellaporta offered to host a stress-reducing art class in July. We are very excited about! Other fun wellness topics to come include stand-up comedy and jokes with members Kevin Luckner, Kevin Geyer, and any other courageous members who agree that laughter is the best medicine! Christian Pisani will be working on an outdoor scavenger hunt to get us out in nature, and Jason Sulimay had great ideas for social wellness workshops. In addition to these awesome ideas, we have big plans in the works for Wellness so stay tuned! You won't want to miss it!



The Academy at Glengary is accredited by Clubhouse International and is made possible by a Public-Private Partnership. This newsletter is designed and printed on-site by the Graphic Design & Multimedia team.

All events take place on-site at the Academy and many are offered through the Zoom app. Watch Slack for Meeting ID and Password.

### Monday, June 27

- Morning Meeting - 9 a.m.
- Individual Team Meetings - 9:30 a.m.
- Graphic Des/Multimedia Team Meeting - 1:15 p.m.
- Bus & Tech/Culinary Team Meetings - 1:30 p.m.

### Tuesday, June 28

- Morning Meeting - 9 a.m.
- Individual Team Meetings - 9:30 a.m.
- Academy Meeting - 1:30 p.m.
- Individual Team Meetings - 2 p.m.
- Accreditation Committee Meeting - 4 p.m.

### Wednesday, June 29

- Morning Meeting - 9 a.m.
- Individual Team Meetings - 9:30 a.m.
- Newsroom Meeting - 11 a.m.
- Menu Planning Meeting - 11:45 a.m.
- Graphic Des/Multimedia Team Meeting - 1:15 p.m.
- Bus & Tech/Culinary Team Meetings - 1:30 p.m.
- Telethon Planning - 2 p.m.
- Wellness Wednesday Workshop - 3 p.m.

### Thursday, June 30

- Morning Meeting - 9 a.m.
- Individual Team Meetings - 9:30 a.m.
- Graphic Des/Multimedia Team Meeting - 1:15 p.m.
- Bus & Tech/Culinary Team Meetings - 1:30 p.m.
- Mission Meeting - 4 p.m.

### Friday, July 1

Academy closed for staff development and training

HYBRID WORK-ORDERED DAY

Gardening available daily through Culinary Arts



## TO MAKE A DONATION

visit our website

[AcademySRQ.org](http://AcademySRQ.org)

and click on the  button

*Thank you for transforming lives!*

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