A working community where adults can improve mental health through friendship, healthy lifestyles, skill development and careers.

2021 Year in Review

JANUARY • • • •

WE HAVE A DREAM

We spent Martin Luther King Jr. Day in service to the planet. At Phillippi Estate Park we cleaned up the grounds, picked up trash (yes, that's an inflatable donut!) and helped beautify the property while appreciating the day in nature. Over a picnic lunch, we reflected on the work of Dr. King and his legacy.



COME ON IN

With stringent Covid-19 safety protocols in place, our doors were open regular hours the entire year. We offered our full schedule and continued to serve our three-course lunches. With six feet between us, we got back to business and found comfort in our community.



FEBRUARY -

AN HONOR TO BE CHOSEN

We were honored to be one of eight U.S. Clubhouses invited to be a founding affiliate of the new Fountain House America Network. The network is so new that



the official name/branding is still to come! We are thrilled to be part of implementing a nationwide strategy to improve mental health.

BIG DOOR IN, BIGGER DOOR OUT

Kristen is an example of our philosophy to support members when they move on. After two years at the Academy, member Kristen Disler moved from her parents' home to her own apartment in Sioux Falls, S.D. With a job lined up as a Food and Nutrition Assistant, we



reached out to her new employer and used Kristin's remaining months at the Academy to focus on the job skills she needed for the job. We love getting our updates from Kristin. She's still rocking it!

MARCH

NOTHING COULD BE FINER

Our first Fine Dining Day was magical! The dining room was resplendent with fresh flowers and fine silver as soft jazz piano wafted through the

Fine Dining continued on next page



Fine Dining continued from previous page

dining room. The big star was our Fine Dining menu: shrimp ceviche, grouper in an umami consommé with wild mushrooms and Parmesan foam, sous vides chicken with strawberry shortcake for dessert. Impeccable service, world-class food, and a \$3 bill; what more could one ask for (more Fine Dining Days!)?

BACK TO WORK

As spring sprung, so did employment. Member Carolyn Robinson landed a clerical position with Children First. Vanessa Alcantara had the honor of being her Academy job coach, a first for her. Clearly both women nailed it, as Carolyn continues to excel at her position.



We love when Scott Eller (pictured on right) visits! Scott is the CEO of Community Assisted & Supported Living (CASL), a founding Academy Ambassador, and a good friend. CASL has assisted in securing safe, affordable housing for many Academy members. Thanks to community partners like Scott and CASL, this vital resource is keeping a roof over everyone's head.



ORIENTATION TO THE CLUBHOUSE MODEL

Over the past year, the Academy opened its doors to support the development of Clubhouses in Florida. We've hosted several Clubhouses and working groups including Peer Place in Palm Beach, FL (under Mental Health America). For two days, they immersed in our teams, met with members and staff, and toured several of our Supported and Transitional Employment sites. We are excited to support their progress!



MAY

GETTEL DRIVES US FORWARD

When we think about our newest corporate sponsor, Gettel Automotive and the Gettel Foundation, Inc., we "get all" warm inside. So much so, that when their president, Mr. Jim Gettel visited, he was met by a standing ovation. Members Kevin Luckner and Ian Churchill spoke about their recovery, and they presented him with a gift of our appreciation.



MONEY TALKS

At the Academy, we nurture everyone's unique talents. To discuss financial wellness, we looked no further than our own Paul Hennekes. Before becoming a member, Paul worked as a CFO. Paul led a highly informative workshop on budgeting and money management, providing sound information that we could take to the bank.



JUNE

THE RETURN OF LUNCH & LEARN

We had our first large group visit since the start of the pandemic. Healthcare professionals from Sarasota Memorial Health Care System received a member-led tour of the teams, talking with members along the way. They joined us for an info-packed lunch, and left with arms full of flyers, newsletters and intake paperwork. SMH has been a committed partner of ours since day one. We were thrilled to bring back Lunch & Learns with one of our favorite organizations.



FOUR YEARS OF SERVICE!

How does the Academy celebrate our birthday? With service, of course! As the day began, we filled colorful backpacks with school supplies for children in low-income homes (big thanks to Target for the donation). When the backpacks were picked up by Salvation Army, it was time to party! After a tasty barbecue, we all enjoyed culinary's masterpiece — a cake in the likeness of our Academy building. Fun and hilarious games in the afternoon rounded off a truly special day.



JULY

HELPING US GROW

Florida Commissioner of Agriculture, Nikki Fried (pictured second from right), oversees our state's non-profit organizations. When she heard about the Academy, she wanted to learn more. Visits by political figures such as Fried help bring visibility to mental health recovery and the Clubhouse model. Fried was enthusiastic about meeting our members and we loved hosting her.



THE PINES TAKES ROOT

The Pines of Sarasota was the second employment partner to welcome us back! This time, it was member Ian Churchill behind the beverage cart (and much more). Ian trained for the dietary aide position with staff member Dariel

Paredes. Ian probably wasn't the only one nervous starting a new job. This was Dariel's first time in the placement manager role. Together, Ian and Dariel learned their new responsibilities. Dariel learned the ropes of providing job coaching, and Ian was a model employee. Nice work, gentlemen!



AUGUST · · ·

AND THEN THERE WERE TRIPLE

We welcomed a new Transitional Employment partner, Gecko's Hospitality Group. At their newest concept restaurant, Tripletail Seafood & Spirits, member Jerry Clancy knocked out the prep work. Jerry noticed right away how smooth the transition was from the Academy kitchen to Tripletail's. His hard work in our culinary team paid off; Jerry was well-prepared



for this job! Thanks to Gecko's co-owners Mike Gowan and Mike Quillan for this opportunity.

NEVER ALONE

When member Lori Wiest found herself in an extended rehab center after a fall, she was comforted by regular visits, calls and cards from Academy staff and members. Lori said, "I never lost my connection to the Academy....and now it feels like I never left." That's how we roll.



SEPTEMBER •

3RD ANNUAL TELETHON: CRITICS RAVE!

Our 3rd "Live from the Academy" Telethon was a labor of love, and the positive feedback we received blew us away! As always, we have the Steinwachs' Family Foundation to thank for their generous match, getting us over the goal line with an extraordinary finish. If you haven't seen it, check it out at AcademySRQ.org/Live.



OCTOBER • •

NEW ENGLAND BOUND

Member Rick Pardo and staff
Patty Haltinner set out for
Genesis Club in Worcester,
Mass., where they immersed
in a two-week Clubhouse
Colleague Training. They
returned with a deeper
understanding of Clubhouse,
and a host of fresh new ideas to
invigorate our own program.



STATE ATTORNEY LUNCH & LEARN

State Attorney Ed Brodsky (pictured on far right) and Chief Assistant State Attorney Craig Schaeffer (pictured on far left) visited the Academy, looking for ways to support mental health recovery. After a morning of meaningful dialogue with our members, they joined us for a delicious lunch.



ZOOMING ON THE WORLD STAGE

We presented at Clubhouse International's 2021 Virtual World Seminar on our best practices in two areas of Clubhouse operations: how to develop a successful Transitional Employment (TE) site, and how to promote your Clubhouse. Special thanks to General Manager Steve Montanaro (pictured on left) of Sunset Cadillac for playing a starring role in the TE video.



NOVEMBER • •

ALWAYS GROWING

Our dear friend Steve Weinberger (in center) has helped us create our garden. This time, he donated beautiful copper garden boxes and a slew of plants. Thanks to Steve, we enjoy "eating the rainbow" every day.



GIVING THANKS

Thanksgiving marked the first on-site holiday celebrated together since Covid. Members dressed to the nines and came to enjoy a delicious buffet and spend the afternoon



together. Now that's a reason to give thanks!

DECEMBER 10 DAYS OF

10 DAYS OF GRATITUDE

Members let us know what they're grateful for in the first annual 10 Days of Gratitude series. Let it remind you, too. It's still available at AcademySRQ.org/Gratitude.



VIP IN THE HOUSE

Florida State Representative Fiona McFarland (pictured in center) toured the Academy. We are privileged to have this

newest supporter "in the House."



TO MAKE A DONATION

visit our website **AcademySRQ.org** and click on the Monate Now button

Thank you for transforming lives!

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