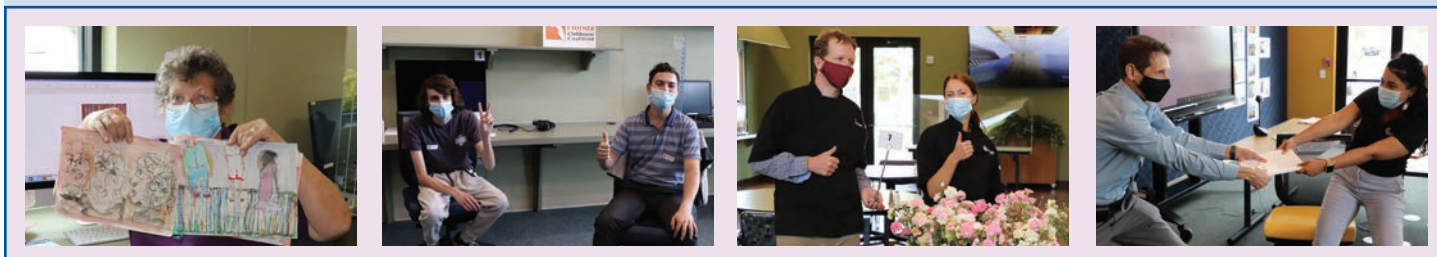


**COVID-19 UPDATE:** The Academy is open regular hours of Monday through Friday, 8 a.m. - 4 p.m. using screening and safety protocols. For more information about our Phase I Safety Guidelines on the Academy's website: [AcademySRQ.org](https://AcademySRQ.org).



## ACTS OF SERVICE

Breaking news: Thanks to the Agency for Community Treatment Services, Inc. (ACTS), a new Clubhouse program is slated to open in Tampa, FL in the Spring of 2022.

ACTS CEO Asha Terminella visited the Academy along with our dear friends Linda McKinnon and Larry Allen, CEO and COO respectively of Central Florida Behavioral Health Network. Our guests spent time in the teams with our members and staff and met with our director William McKeever to garner some insight from us, as it was not so long ago that we were in their shoes as a Clubhouse start-up. They enjoyed Parmesan crusted salmon over quinoa and roasted vegetables while getting to know the culture of Clubhouse that we have cultivated.

While in our midst, Linda took time to chat with Academy member Candy El-Azzaoui. Candy interviewed Linda a few years ago, after we had just opened. They reminisced and marveled at how far we have come in less than four years. It's gratifying for us to reconnect with old friends, and even more so when they introduce us to new friends. We are delighted to be able to help in any way we can in bringing the Clubhouse model to areas that need it such as Tampa.



(left to right) Asha Terminella and Larry Allen learn about our Culinary Arts program from Ben Burnside, Kevin Geyer and Thomas Prieto

## WELCOME Autumn Peterson



Autumn Peterson

I am excited to be the newest staff member of the Culinary and Wellness team! I can already tell that I made the right choice because members and staff have been so welcoming and supportive, and I value the Academy's mission and culture. My Bachelor's Degree program in Health Science covered all aspects of health and wellness, with my focus on teaching health and nutrition. I've worked in restaurants, health promotion, teaching, and in human services. My most fulfilling work has been helping others live healthier lives by creating healthy routines and goals, so I am happy for the opportunity to do that here. I look forward to incorporating wellness in different ways. Please reach out with any questions you have about health, wellness, or just anything that I may be able to help with. I am grateful to be joining this amazing community at the Academy, and I look forward to getting to know everyone.



\*\*\*\*\*  
**GIVING DAY  
EXTENDED  
TO JUNE 7**

[clubhousegivingday.org](https://clubhousegivingday.org)  
search for Academy at Glengary  
**Thank you!**

# WHAT WE DID DURING COVID

by Candy El-Azzaoui

I conducted a survey on what new or continuing hobbies or projects kept members and staff going during the pandemic. Here are a few of our esteemed colleagues' replies:



Candy El-Azzaoui

To stay healthy and fit, William McKeever switched to an anti-inflammatory diet to help him feel better in general. Ben Burnside took six karate classes a week (and still commits to two classes a week). Surprisingly, Jeff Jean, Lee Baker and Rima Ghalieh all took up walking outside when most everyone else stayed inside. Rima said she also enjoyed the Academy's graphic design workshops on Zoom that helped her stay on track with her skills training.

There was a lot of creativity happening too! Dariel Paredes dove deeper into photography. Ian Churchill practiced more classical piano, while Idanes Paredes started a beginner's piano class. Jodi Weiss enrolled in a writing workshop that Academy members benefited from when she brought the workshop here. Trust me she'll edit this later!

Recent college graduate Vanessa Alcantara Zoomed her way through five college classes a day and said that it was very challenging. Joanne Campbell spent more time with her eyes fixed on eagles' nests, which she has been monitoring for years. For Joan Geyer, jigsaw puzzles were her main go-to, with one being 1,000 pieces; that takes patience! Oh! I almost forgot me! I'll tell you what kept me on an even keel - Zooming with the folks at the Academy. And that's the truth!

# BACK AT THE ACADEMY

by Chris Parrish

I was asked how it feels to be back at the Academy (I have been out for a year due to the Covid-19 pandemic). It's one of those questions that is very complex. On one hand, after a year of pretty much being at home all of the time, I'm not used to being around so many people. It can feel a little overwhelming. But it feels good to be productive and have a routine again. I did remember how to get here from Bradenton (where I currently reside), so I guess I'm slowly adapting to the new "old" normal.



Chris Parrish

Florida has been hit very hard by the pandemic and I am glad that William told me that Centerstone of Bradenton was giving vaccines to members of the Academy. When I was fully vaccinated I came back to the Academy.

All events take place on-site at the Academy and through the Zoom app. Watch Slack for Meeting ID and Password.

## Monday, June 7

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:45 a.m.  
Graphic Des/Multimedia Team Meeting - 1:15 p.m.  
Bus & Tech/Culinary Team Meetings - 1:30 p.m.  
Graphic Design/Multimedia Workshop - 3 p.m.

## Tuesday, June 8

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:45 a.m.  
Art & Literary Publication Meeting - 11 a.m.  
Academy Meeting - 1:30 p.m.  
Individual Team Meetings - 2 p.m.

## Wednesday, June 9

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:45 a.m.  
Newsroom Meeting - 11 a.m.  
Menu Planning Meeting - 11:45 a.m.  
Graphic Des/Multimedia Team Meeting - 1:15 p.m.  
Bus & Tech/Culinary Team Meetings - 1:30 p.m.  
Wellness Wednesday Workshop - 3 p.m.

## Thursday, June 10

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:45 a.m.  
Multimedia Projects Planning - 11 a.m.  
Graphic Des/Multimedia Team Meeting - 1:15 p.m.  
Bus & Tech/Culinary Team Meetings - 1:30 p.m.  
Telethon Planning Meeting - 3:30 p.m.

## Friday, June 11

Breakfast Buffet and Morning Meeting - 9 a.m.  
Individual Team Meetings - 10 a.m.  
Super Chill Free-write Writer's Workshop - 11 a.m.  
Graphic Des/Multimedia Team Meeting - 1:15 p.m.  
Bus & Tech/Culinary Team Meetings - 1:30 p.m.  
Spanish Workshop - 3 p.m.

# TO MAKE A DONATION

visit our website

**AcademySRQ.org**

and click on the  button

*Thank you for transforming lives!*

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