

COVID-19 UPDATE: Academy members have the option of attending the Academy onsite or continuing with online services. For more information about our Phase I Safety Guidelines on the Academy's website: AcademySRQ.org. These guidelines have been established based on consensus by Academy members, staff and Board of Directors. They are subject to change at the discretion of the Academy community. These guidelines will be reevaluated on an ongoing basis and are subject to future modification. We Are Stronger Together.



PALM BEACH EMBRACES CLUBHOUSE MODEL

by Lori Wiest

On April 8 and 9, Kristina Baker and Melissa George visited us from Peer Place of Palm Beach, FL, a program they are planning to turn into an accredited Clubhouse in three years. They spent the two days working with us in the teams, and they liked everything we have: the Culinary team, the garden, Arts and Multimedia; really all of it. They were surprised mostly by the quality of the boutique and the dining experience. They admired the updated technology which is prevalent in the Academy.

Their parent organization, Mental Health America, operates three community support centers in Palm Beach. They have a homeless outreach, peer training and wellness center and a helpline. Their members have shown interest in the work-focused Clubhouse Model. Kristina and Melissa experienced a pleasurable and informative trip and became part of our growing community.



Melissa George and Kristina Baker

A STAR IS BORN

by Rick Pardo

I was invited to represent the Academy in a Covid readiness video. The video went pretty smoothly except I learned that my microphone was off the whole time, oops! We then had to go into the multimedia studio to dub in my lines. I had never done anything like this before and believe me it was a little intimidating. Our multimedia staff, Dariel Paredes, kept me calm and on track with his patience and professionalism. The video appears to have come out perfectly with the dubbing. I really appreciate all the equipment at the Academy. I don't know anywhere else I could learn this. The Academy is amazing!

Rick Pardo in the Covid readiness video



WORD ON THE VINE

by Tim Phillips

Tomatoes continue to grow on the vines, and we are using them widely in culinary for salads. Now that it's mid-April, a lot of our herbs need to be transplanted and watered in the hot sun. The garden still contains garlic, chives, oregano, parsley, rosemary, strawberries, and cilantro. Strawberries are very pretty as well as the tomatoes.

We aren't planting anything new right now, but what we have is flourishing. It's a unique thing how the garden grows differently at different times of the year. Some of the tomatoes have been transplanted and also the spinach. Most of the herbs are grown on bushes and they are picked off the bush or vine. These are used mostly in pasta dishes and other savory entrees.



Tim Phillips

A JOB WITH HEART

by Jules Meyers

I work at a rehabilitation center called Heartland, as a Dietary Aide. My job is to do dishes, make coffee for the residents, and pull food trucks to the different units. The benefits of this job are getting medical insurance and raises if you're a team player. I like my job because I get paid for doing my part, and sometimes I'm asked to do other people's part when they don't show up. I have to be careful that I don't take on too much because I can't do all the work at once. My favorite part of the job is doing the dishes because I get to cool off.



Jules Meyers

HYBRID WORK-ORDERED DAY

All events take place on-site at the Academy and through the Zoom app. Watch Slack for Meeting ID and Password.

Monday, April 19

Morning Meeting - 9 a.m.
Individual Team Meetings
Bus & Tech/Arts & Multimedia - 9:30 a.m.
Culinary - 9:45 a.m.
Arts/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.

Tuesday, April 20

Morning Meeting - 9 a.m.
Individual Team Meetings
Bus & Tech/Arts & Multimedia - 9:30 a.m.
Culinary - 9:45 a.m.
Academy Meeting - 1:30 p.m.
Individual Team Meetings - 2 p.m.
Bus & Tech/Arts & Multimedia/Culinary

Wednesday, April 21

Morning Meeting - 9 a.m.
Individual Team Meetings
Bus & Tech/Arts & Multimedia - 9:30 a.m.
Culinary - 9:45 a.m.
Newsroom Meeting - 11 a.m.
Menu Planning Meeting - 11:45 a.m.
Arts/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Wellness Wednesday Workshop - 3 p.m.

Thursday, April 22

Morning Meeting - 9 a.m.
Individual Team Meetings
Bus & Tech/Arts & Multimedia - 9:30 a.m.
Culinary - 9:45 a.m.
Arts/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.

Friday, April 23

Breakfast Buffet and Morning Meeting - 9 a.m.
Individual Team Meetings - 10 a.m.
Bus & Tech/Arts & Multimedia/Culinary
Super Chill Free Write Writer's Workshop - 11 a.m.
Arts/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Spanish Workshop - 3 p.m.

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AcademySRQ.org

and click on the  button

Thank you for transforming lives!

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Heartland



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