

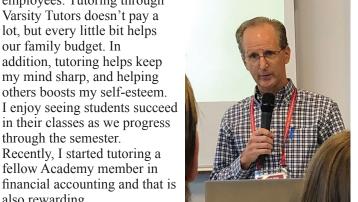
HELPING THEM HELPS ME

by Paul Hennekes

I tutor college students in accounting courses, primarily through the Varsity Tutors website (www.varsitytutors.com). I tutor both financial accounting and managerial accounting and all grade levels of students. Financial accounting is used to ultimately prepare formal financial statements for users outside of the company, and managerial accounting is used to prepare financial information for internal managers and

employees. Tutoring through Varsity Tutors doesn't pay a lot, but every little bit helps our family budget. In addition, tutoring helps keep my mind sharp, and helping others boosts my self-esteem. I enjoy seeing students succeed in their classes as we progress through the semester. Recently, I started tutoring a fellow Academy member in

also rewarding.



Paul Hennekes

HOSTING JUNIOR LEAGUE

The Junior League of Sarasota held a meeting at the Academy for approximately 30 of their members. They gave us an opportunity to speak to their group about the Academy and our program. Academy member Rebecca Wolfson spoke about her experience at the Academy and how having meaningful work and developing skills here have helped in her recovery. Academy Board Chair, Joan Geyer, gave an overview of the program and talked about our Culinary Arts team and the commercial kitchen. Instructor Joanne Campbell talked about the Business & Technology and Arts & Communication instruction offered to members. The group asked a few questions and took away flyers and other materials so they can spread the word about the Academy.



YOUNG ADULTS IN THE SPOTLIGHT

Our Young Adult Program is growing and currently has 16 participants. We were honored that the Gulf Coast Community Foundation wanted to take photos of our young adults in action. The Academy's Young Adult Initiative is funded by the Charles & Margery Barancik Foundation. Photographer Karen Arango took many photos of our young adults working in the culinary, business and arts teams. The images show the daily vibrant activity for our members including data tracking, website posting and lunch preparation. The Academy offers many opportunities for young adults to learn and be successful. Our members were excited to show that the Academy is young-adult-friendly and a fun place to be.







LOOKING TO INNOVATE

by Rebecca Wolfson

Recently, the Academy held its bi-annual Ambassadors Luncheon. It was a lovely event and gave us all a chance to look at opportunities to make use of some new innovations, things we did for the first time.

Our Culinary team made some innovative changes. This time, they decided to make a change to the coffee service. They set up six two-person teams to serve the twelve tables of attendees. They used smaller coffee pitchers in place of the larger coffee airpot dispensers, and found that they could be much more efficient.

We also learned we need to make some changes for our future events. We need to be better at having meetings about those events and planning ahead for them so that we are more likely to have successful events and present the Academy well.

We look forward to finding many new innovations as we move forward in everything we do at the Academy.



Remember, "There's a way to do it better. Find it."
- Thomas Edison.

TIPS TO STAY HEALTHY DURING FLU SEASON

Help prevent the spread of illness by following these tips:

- Avoid close contact with people who are sick.
- Cover our cough or sneeze with your elbow or use a tissue and throw the tissue in the trash.
- Avoid touching your eyes, nose and mouth.
- Clean and disinfect frequently touched objects and surfaces.
- Stay home when you are sick, except to get medical care.
- Wash your hands often with soap and water for at least 20 seconds.
- Eat healthy foods.
- · Get plenty of rest.



UPCOMING EVENTS

Monday, March 9

Telephone Training - 8 a.m.

Tuesday, March 10

Tour Guide Training - 8 a.m.

Wednesday, March 11

Menu Planning - 11:45 a.m. Wellness Wednesday - 3 p.m.

Thursday, March 12

Customer Service Training - 8 a.m. Employment Workshop - 8:15 a.m. Newsroom Meeting - 11:30 a.m. Guest Speaker about Graphic Design - 1:30 p.m.

Friday, March 13

Welcome Desk Training - 8 a.m.

ONGOING

Breakfast is served: Monday-Thursday, from 8:15 - 8:45 a.m. Friday Buffet, 8:45 a.m.



The Academy values our partnership with the National Alliance on Mental Illness (NAMI). NAMI provides support, education, awareness and advocacy to individuals with mental illness and their families. Learn more through their Peer to Peer and Family to Family classes. Visit namisarasotacounty.org for more.

Wellness

The focus of Wellness Wednesdays during March will be on nutrition. Our first activity was to make delicious smoothies using a variety of fruits and vegetables. Some of the ingredients were from our own garden!



(left to right) Isabelle DeMartine, Patty Haltinner, Ian Jones, Ben Burnside, Carolyn Robinson, Lisa Hillje and Lori Wiest.





