



CHANTEL PRESENTS

by Chantel Gingerich

On the big day, I awoke so early, it was still dark outside. My Uber arrived on time to pick me up and take me to meet Academy staff Vanessa Alcantara and go to the airport. We flew out of the Tampa International Airport, had a layover in Charleston, South Carolina, and finally made it to Grand Rapids, Michigan in the afternoon. We then rented a car and drove another hour to Kalamazoo for the Michigan Clubhouse Conference.

On the first day, I presented about my Transitional Employment experience. Even after all the practice I did, I was so nervous, but I did it. I felt so much better about myself when it was over. Vanessa and I presented two more times during the three-day conference, on technology and on building community partners. Everyone was so nice and said that we did a great job.

The social aspect of the trip was so fun! I enjoyed a steak dinner, and the dance they had for everyone. I danced all night and made new friends. We celebrated Vanessa's birthday at a nice restaurant, got to soak in a hot tub, and we



(left to right) Vanessa Alcantara and Chantel Gingerich heading to Michigan.

even found time to do a little shopping. I enjoyed working and traveling with Vanessa. We got along very well, and she made me laugh most of the time. I was excited to have my own hotel room for the first time, and it did not disappoint! Any time the Academy needs someone to travel, I'm available!

PUBLIXIZED PROFESSIONAL

by Kevin Luckner

When I first started looking for work it was out of pressure from my parents more than any personal motivation. Sure, the idea of having more income sounded appealing, but there was never any personal stakes in the jobs I eventually found... until the day I applied at my local Publix in Venice.

Looking back, I don't think I had any expectations at the time, the least of which was getting to a place where I genuinely love what I do. On my first day "on the floor," what started off as merely shadowing for my first few hours turned into full-on bagging for the entire shift! I was informed later that it wasn't very common for a newbie to take the reins so quickly, so knowing that I was trusted with such responsibilities only a few days after my orientation was overwhelmingly exciting!

Jumping forward a few months, I am now regularly trusted with the responsibilities of a front-end clerk. In addition to bagging groceries, this includes getting carts from the lot, cleaning, and being a "runner" (picking up deli and bakery orders for pick-up and delivering them to the front desk). A month ago, I was approached by the store manager while I was out getting carts and given a \$100 Publix gift card for my hard work. Of course, like everything in life, the job is not without some minor frustrations, but knowing that I'm being respected and rewarded for my hard work keeps me motivated to keep doing my best!



Kevin Luckner

THE TRUE LABOR OF LOVE

by Rima Ghalieh

The *Art of Recovery* was a true labor of love. The Academy has many talented members, and the idea was suggested to create a book or magazine to show everyone's art. A group of 14 members came together weekly to discuss everything from the contents to the book size, paper type to fonts. The members worked tirelessly to create pieces to include in the book. There are painters, writers, jewelry makers and poets whose work is included. The Multimedia team members photographed high-quality images of everyone's submissions. Then Graphic Design took over and determined the layout of each page. Individual members worked on their pages to get the images just right. The team learned how to layout the book using InDesign and learned terms such as bleed, perfect-bind and grind. And it turned out awesome! We are so proud of this project. A limited number of *Art of Recovery* books are available for purchase by the public. Please contact the Academy at 941-921-9930 to get yours today. And stay tuned for details about an upcoming art show featuring artists from the book.



Rima Ghalieh shares part of her work in *Art of Recovery*



Join us for a fun and informative hour! Hear heartfelt stories our members share about their journey to mental health recovery. Enjoy engaging videos and stay until the end for a special surprise!

AcademySRQ.org/Live



The Academy at Glengary is accredited by Clubhouse International and is made possible by a Public-Private Partnership. This newsletter is designed and printed on-site by the Graphic Design & Multimedia team.

All events take place on-site at the Academy and many are offered through the Zoom app. Watch Slack for Meeting ID and Password.

Monday, August 1

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:30 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.

Tuesday, August 2

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:30 a.m.
Academy Meeting - 1:30 p.m.
Individual Team Meetings - 2 p.m.
Accreditation Committee Meeting - 4 p.m.

Wednesday, August 3

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:30 a.m.
Newsroom Meeting - 11 a.m.
Menu Planning Meeting - 11:45 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Telethon Planning - 2 p.m.
Wellness Wednesday Workshop - 3 p.m.

Thursday, August 4

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:30 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Mission Meeting - 4 p.m.

Friday, August 5

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:30 a.m.
Writer's Workshop - 11:30 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Spanish Workshop - 3:30 p.m.

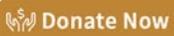
Gardening available daily
through Culinary Arts



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