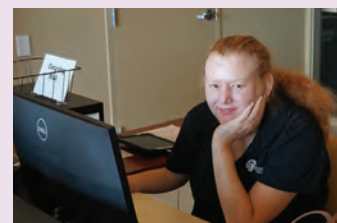
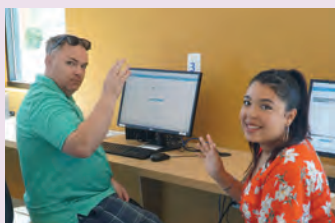


JULY 08, 2022



## MY EMPLOYMENT MILESTONE

by Nicole Pendleton

I underwent thorough training to become an in-store shopper at Sprouts Farmers Market. It took about three months until I felt like I really knew my job. I was nervous about clocking in and out but now I'm in the system and I don't forget. Everyone at Sprouts is so kind to me and has introduced themselves. I just celebrated my one-year anniversary! Wow, a year has gone by, and I've filled many orders and worked many hours. I owe a great amount of thanks to the Academy for helping me find a job that fits my strengths. I'm so happy working with my job coach Jodi Weiss and attending the Academy on my days off.

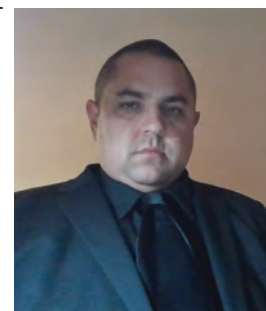


Nicole Pendleton

## WORK BRINGS PURPOSE

by Lee Baker

I recently started working at the Pines of Sarasota as a dietary aide, as part of the Academy's Transitional Employment program. Since returning to work, I now have a sense of purpose. I have worked in culinary before. It is nice to work with my hands and create works of art. I believe in enriching people's lives through food, and it is good to see the money coming in. It is good to talk to people and to be around others. I am improving my culinary skills. I plan to get a permanent cooking job after this.



Lee Baker



## JUDGE HEATHER DOYLE TOURS ACADEMY



(left to right) Manatee County Judge Heather Doyle tours the Academy guided by member Chantel Gingerich.

## SERVICE PROJECT IS EXTENDED THROUGH JULY 12

Our service project deadline has been extended through Tuesday, July 12. Please drop off gently used towels, wash cloths, travel size hygiene products, and new socks and undergarments. Turning Points in Manatee County will receive our donations to help homeless individuals.

**Drop off your donations  
through Tuesday, July 12,  
from 8:30 a.m. to 5 p.m.**



# ACADEMY AT BRADENTON LOGO UNVEILED

The Academy at Glengary is pleased to share the logo of our second location, Academy at Bradenton. The logo is a representation of the facade of the building located in historic downtown Bradenton. The logo will be used on marketing materials, promotional items, and Academy swag such as polo shirts.



## Wellness

*Wellness activities are held every Wednesday from 3-4 p.m.*

by Jason Sulimay

This week for Wellness Wednesday at the Academy our group focus was Tai Chi. I have been lifting weights since I was 17. I also have done yoga a few times but, believe it or not, I have never done Tai Chi. Tai Chi is a bit different than the yoga I have done. I did achieve a great deal of balance throughout my Tai Chi exercise. The exercise also helped me to gain more muscle in my shoulders. What I enjoyed most about the exercise was it helped to elongate the muscles in my back. Thank you for reading my article and I hope to see you all at our next Wellness Wednesday.



(left to right) Autumn Peterson, Caydee Denney, Rima Ghalieh, and Jason Sulimay.



The Academy at Glengary is accredited by Clubhouse International and is made possible by a Public-Private Partnership. This newsletter is designed and printed on-site by the Graphic Design & Multimedia team.

All events take place on-site at the Academy and many are offered through the Zoom app. Watch Slack for Meeting ID and Password.

### Monday, July 11

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:30 a.m.  
Graphic Des/Multimedia Team Meeting - 1:15 p.m.  
Bus & Tech/Culinary Team Meetings - 1:30 p.m.

### Tuesday, July 12

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:30 a.m.  
Academy Meeting - 1:30 p.m.  
Individual Team Meetings - 2 p.m.  
Accreditation Committee Meeting - 4 p.m.

### Wednesday, July 13

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:30 a.m.  
Newsroom Meeting - 11 a.m.  
Menu Planning Meeting - 11:45 a.m.  
Graphic Des/Multimedia Team Meeting - 1:15 p.m.  
Bus & Tech/Culinary Team Meetings - 1:30 p.m.  
Telethon Planning - 2 p.m.  
Wellness Wednesday Workshop - 3 p.m.

### Thursday, July 14

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:30 a.m.  
Graphic Des/Multimedia Team Meeting - 1:15 p.m.  
Bus & Tech/Culinary Team Meetings - 1:30 p.m.  
Mission Meeting - 4 p.m.

### Friday, July 15

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:30 a.m.  
Writer's Workshop - 11:30 a.m.  
Graphic Des/Multimedia Team Meeting - 1:15 p.m.  
Bus & Tech/Culinary Team Meetings - 1:30 p.m.  
Spanish Workshop - 3:30 p.m.

Gardening available daily  
through Culinary Arts



## TO MAKE A DONATION

visit our website

**AcademySRQ.org**

and click on the  **Donate Now** button

*Thank you for transforming lives!*

The Academy at Glengary, Inc., is a 501(c)3 charitable organization. All donations are tax-deductible to the extent allowed by law. The Academy at Glengary is registered with the state of Florida (CH56160). A copy of the official registration and financial information may be obtained from the Division of Consumer Services at [www.fidacs.gov/ConsumerServices](http://www.fidacs.gov/ConsumerServices) or by calling toll-free 800-435-7352 within the state. Registration does not imply endorsement, approval, or recommendation by the state.

