



JANUARY 21, 2022

COVID-19 UPDATE: The Academy is open regular hours of Monday through Friday, 8 a.m. - 4 p.m. using screening and safety protocols. For more information about our Phase I Safety Guidelines on the Academy's website: AcademySRQ.org.

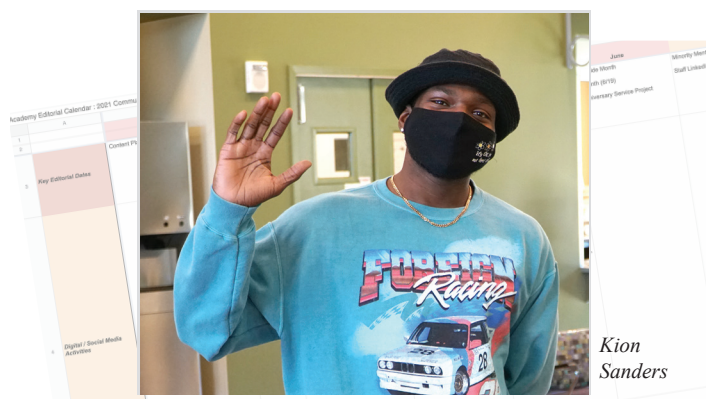


COMING SOON TO A PLATFORM NEAR YOU

Last week, Fountain House's Director of Digital Engagement and Marketing, Kion Sanders, presented a training on how we can strengthen and grow our presence on social media. We thought we were doing pretty well with our weekly Facebook and website posts, but Kion inspired us to embrace Instagram and IG Live, Twitter, LinkedIn and more. Look out internet, here we come (eventually)!

He challenged us to ask ourselves why we post what we do. What is our intended outcome? In what ways will it move our reader? He helped us to develop a digital media calendar that we can use to stay organized and ahead of the game, noting events and pertinent holidays well in advance.

There sure are some great perks that come with being part of something greater than ourselves. In our case, Clubhouse International (CI) is the something. We are grateful for ongoing support from CI and from individual Clubhouses such as Fountain House. It's deeply rewarding when Clubhouses work together to make us, as we like to say, stronger together.



Kion Sanders

WELCOME Michael Lentini



Michael Lentini

What brought me to the Academy was a desire to change for the better. I felt that the Academy had the means for me to improve and adapt to a working environment. The Academy having so many computers and technology focus really piqued my interest and drives me to improve my skills here. My goals are to improve my stamina and skill set, so I may be able to find work and focus on a career. My dream would be to have a job in either tech or business field.

EVEN SMARTER BOARDS

Thanks to grant funding and the generosity of the William G. & Marie Selby Foundation, we were able to purchase new interactive boards in each of our teams. These new interactive boards provide members and staff with opportunities to collaborate each day as they organize daily projects, share presentations, and other endless possibilities.

We are so thankful to be able to provide our members with the latest in state-of-the-art technology because they deserve it. We are grateful for the grant funding and contribution from The William G. & Marie Selby Foundation that has made this possible.

(left to right) William McKeever, Lorian Smith, Neil Blake, Greg Agnacion and Jason Sulimay



PARK CLEANUP IN HONOR OF MARTIN LUTHER KING, JR. DAY

by Stephen Anderson

For our service project commemorating Martin Luther King Jr. Day, we headed downtown with Sarasota Bay Watch. We met first at the Academy at 9:30 am with wide-eyed optimism on a cold morning. We organized our lunch - two sandwich loaves, deli meat and cheese, fruit, bottles of water and cookies (we may have overpacked).

Arriving downtown at Marina Jack's, we eventually found our point person from Sarasota Bay Watch, Rhonda. She had a water canteen, T-shirts, and gardening gloves for us to use, and she explained the lay of the land. Teamwork makes the dream work - we did our best to scout the area for trash, finding things as small as confetti to things as big as bikes! We took turns holding bags and picking up trash, and we had a friendly competition to see who could go the furthest inside bushes for hard-to-reach trash.

We also took in the art exhibit Embracing our Differences. It was humbling to see the creativity of the high school students. In the spirit of diversity, we enjoyed the wide cultural views that seek to bring about change. We think Martin Luther King Jr. would approve. Thanks to all who were involved in making this day a success.

Academy members and staff collected 227 pounds of refuse, which included a bicycle, blankets, toys, shoes and clothing, electrical equipment, 48' of rope, fishing gear, plastic bottles, aluminum cans and glass. And an owl statue!



Stephen Anderson



(left to right) Autumn Peterson, Stephen Anderson, Michael Lentini and Lisa Hillje



Lisa Hillje

Stephen May

All events take place on-site at the Academy and through the Zoom app. Watch Slack for Meeting ID and Password.

NOTE: Morning meetings begin at 8:45 a.m. on Mondays - Thursdays.

Monday, January 24

Typing with Rima Workshop - 8 a.m.
Morning Meeting - 8:45 a.m.
Individual Team Meetings - 9:15 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.

Tuesday, January 25

Morning Meeting - 8:45 a.m.
Individual Team Meetings - 9:15 a.m.
Academy Meeting - 1:30 p.m.
Individual Team Meetings - 2 p.m.

Wednesday, January 26

Morning Meeting - 8:45 a.m.
Individual Team Meetings - 9:15 a.m.
Newsroom Meeting - 11 a.m.
Menu Planning Meeting - 11:45 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Multimedia Project Planning - 2 p.m.
Wellness Wednesday Workshop - 3 p.m.

Thursday, January 27

Morning Meeting - 8:45 a.m.
Individual Team Meetings - 9:15 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.

Friday, January 28

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:30 a.m.
Writer's Workshop - 11 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Spanish Workshop - 3 p.m.

TO MAKE A DONATION

visit our website

AcademySRQ.org

and click on the **Donate Now** button

Thank you for transforming lives!

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