

AUGUST 13, 2021

COVID-19 UPDATE: The Academy is open regular hours of Monday through Friday, 8 a.m. - 4 p.m. using screening and safety protocols. For more information about our Phase I Safety Guidelines on the Academy's website: AcademySRQ.org.



HOT LIGHTS, CAMERA, ACTION

by Chantel Gingerich

To be in a video for the telethon, I had to wear a robe and put my hair in pig tails and play a little girl. I learned my lines and read them out loud a couple times. Jodi was in it too, and she helped me learn my lines.

I really enjoyed doing something different. When the cameras were rolling, everyone was quiet on the set, and we recited our lines out loud. We had some mess-ups and some funny bloopers. I was cuddling a teddy bear and wrapped up in a thick robe. Under all of the lights, the room was so hot! I started to wonder if we'd ever finish. But the show must go on! We did many takes until we got our lines perfect. Dariel is the man with the camera, and we sure had some laughs. It was fun times at the Academy!

Want to watch the video featuring Chantel and Jodi? Tune in to our 3rd Annual Telethon on September 29, from 7-8 p.m., at AcademySRQ.org/Live



(left to right) Chantel Gingerich and Jodi-lee Weiss

WELCOME Joyce Malone



Joyce Malone

Hello, my name is Joyce. I learned about the Academy from my family. When at the Academy, I like to work on the Graphic Design and Multimedia team. I am learning a lot about computers and how the team puts the newsletter together each week. Also, I am making some new friends. In my free time, I enjoy playing the harmonica and the flute. I find them very relaxing and playing them has helped me to quit smoking. Music is very soothing to me. Sometimes I put my radio under my pillow and it helps me to fall asleep.

»»» SAVE THE DATE! «««

LIVE STREAM 

3rd Annual Telethon
Sept. 29, 7-8 p.m.
AcademySRQ.org/Live

OPPORTUNITY KNOCKED

by Kevin Luckner

I recently began working for National Alliance on Mental Illness (NAMI). Academy staff helped me prepare for every step of the process as well as networking with NAMI in the first place! Staff from the local NAMI branch was coming into the Academy for a tour a while ago and I eagerly volunteered to be the tour guide, wanting to leave a professional impression on the tour and hopefully cement myself as a potential employee for the new opening NAMI had available. I did some interview prep with the Academy job coach and one interview later I had the job!



Kevin Luckner

I'm training to become a Youth Peer Support Specialist for young adults, and part of the NAMI Youth Initiative. I am currently working on getting the 500 hours of training required for certification. Then, I can either choose to lead NAMI-based groups or work one-on-one with young adults diagnosed with mental illness. As someone with lived experience, I feel qualified to share my experience and resources that have helped me. I'm grateful to the Academy for the support, and to NAMI for giving me this opportunity.

Wellness

Wellness activities are held every Wednesday from 3-4 p.m.

by Lisa Hillje

Suzy Wilburn of Southeastern Guide Dogs Inc. joined us with her trusted colleague Carson. Carson, a yellow Labrador, is a trained support dog. Southeastern Guide Dogs works with volunteers to train puppies as young as two weeks old. The training usually takes 18 months. Guide dogs work with people with disabilities such as anxiety, PTSD, seizure disorders and more. Once trained, the dogs are paired with their forever human.

Guide dogs can legally go anywhere that humans can go including restaurants and airplanes. When in public, passersby should never pet or interact with a working dog. But it's not all work for Carson. When Suzy takes his harness off, Carson knows that he is "off the clock" and can just chill out and relax. We loved Carson's play time! He is not only a very handsome fella, but he is also quite well-mannered and sweet. Thanks to Suzy and Carson for a great visit!



(left to right) Suzy Wilburn, Lisa Hillje, guide dog Carson and Ben Burnside



The Academy at Glengary is accredited by Clubhouse International and is made possible by a Public-Private Partnership. This newsletter is designed and printed on-site by the Arts and Communication team.

All events take place on-site at the Academy and through the Zoom app. Watch Slack for Meeting ID and Password.

Monday, August 16

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:45 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Graphic Design/Multimedia Workshop - 3 p.m.

Tuesday, August 17

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:45 a.m.
Art of Recovery Publication Meeting - 11 a.m.
Academy Meeting - 1:30 p.m.
Individual Team Meetings - 2 p.m.

Wednesday, August 18

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:45 a.m.
Newsroom Meeting - 11 a.m.
Menu Planning Meeting - 11:45 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Wellness Wednesday Workshop - 3 p.m.

Thursday, August 19

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:45 a.m.
Multimedia Projects Planning - 11 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Telethon Planning - 3:30 p.m.

Friday, August 20

Breakfast Buffet and Morning Meeting - 9 a.m.
Individual Team Meetings - 10 a.m.
Super Chill Free-write Writer's Workshop - 11 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Spanish Workshop - 3 p.m.

Wednesday, September 29

Academy Telethon - 7 p.m.

<<<< HYBRID WORK-ORDERED DAY >>>>

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AcademySRQ.org

and click on the  button

Thank you for transforming lives!

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