

COVID-19 UPDATE: The Academy is open regular hours of Monday through Friday, 8 a.m. - 4 p.m. using screening and safety protocols. For more information about our Phase I Safety Guidelines on the Academy's website: AcademySRQ.org.



THE COMMISSIONER OF AGRICULTURE SEES HOW WE GROW

This week we enjoyed a visit from the Florida Commissioner of Agriculture and Consumer Services Nikki Fried, and her colleague, John Stewart. In addition to being in charge of our state's agriculture, Ms. Fried also oversees Florida's non-profit organizations. She was intrigued by the Clubhouse model of recovery and visited to learn more.

Our guests were given a tour by member Candy El-Azzaoui. As they visited each team, they spoke with members, asked questions, and checked out our work-ordered day. The tour ended in the Culinary Arts team just in time for an amazing lunch. We hope that the visit impacted her, and that she recognized the value of what we do. As they enjoyed plates of perfectly cooked pecan-encrusted salmon, roasted broccoli and quinoa, they got to see us at our best, in the act of service.



(left to right) William McKeever, Joan Geyer, Nikki Fried and Candy El-Azzaoui

LEAPING TALL PROJECTS IN A SINGLE BOUND

by Cayman Seiffert



Cayman Seiffert

When I was asked to play the leading role in an Academy video, my gut instinct was no way, not this guy. But it has been my experience that when I say yes to things that I'm reluctant and nervous about, great things happen.

As soon as I said yes, away we went to rehearsal. I was surprised by how much I was enjoying going out of my comfort zone and being part of this project at the Academy. Everyone involved was working together as a team to make the video the best we could while still supporting each other and having fun. On the days of filming I was nervous and a little anxious but we all made each other feel comfortable. From helping with filming and camera angles to acting, we were all trying to do our part. Many laughs later we were done filming and it was a wrap as they say in show business. I can only speak for myself but this was an experience that I was glad I accepted. It has made me feel like I'm more a part of the Academy community. I got to work and laugh with great people and I got to try something new. And I got to be a super hero!

Cayman's video will premiere at our Third Annual Telethon.

SAVE THE DATE

THIRD ANNUAL TELETHON
SEPTEMBER 29



DRIVEN TO SERVE

We are excited to be holding a food drive for the Church of the Palms food pantry. We will be collecting nonperishable food items from June 28 - July 30 to provide food for families in need within our Sarasota community. The items needed include canned goods, cereal, and kid-friendly foods such as granola bars and crackers. This will be our second service project of the summer, and boy are we excited! Donations can be dropped off at the Academy, Monday through Friday, 8 a.m. - 4 p.m.



Wellness

by Stephen May

Each morning at Bay Pines Veterans' Administration we started our day with guided meditation and gratitude "shoutouts." My experience meditating at the Academy's Wellness Wednesday workshop was a similar one. Meditation is a must for my mental health routine. Our hour-long workshop, led by Autumn, one of the newest staff members of our team, left me feeling peaceful long after our time expired from meditation workshop. I usually meditate and chant alone but guided meditation is something I could enjoy every day.

Wellness Wednesday is held from 3-4 p.m. each week.



Learning to find peace through meditation are (left to right) Stephen Anderson, Carolyn Robinson, Christian Pisani, Autumn Peterson, Vanessa Alcantara, Ian Churchill and Stephen May.



The Academy at Glengary is accredited by Clubhouse International and is made possible by a Public-Private Partnership. This newsletter is designed and printed on-site by the Arts and Communication team.

All events take place on-site at the Academy and through the Zoom app. Watch Slack for Meeting ID and Password.

Monday, June 28

- Morning Meeting - 9 a.m.
- Individual Team Meetings - 9:45 a.m.
- Graphic Des/Multimedia Team Meeting - 1:15 p.m.
- Bus & Tech/Culinary Team Meetings - 1:30 p.m.
- Graphic Design/Multimedia Workshop - 3 p.m.

Tuesday, June 29

- Morning Meeting - 9 a.m.
- Individual Team Meetings - 9:45 a.m.
- Art & Literary Publication - 11 a.m.
- Academy Meeting - 1:30 p.m.
- Individual Team Meetings - 2 p.m.

Wednesday, June 30

- Morning Meeting - 9 a.m.
- Individual Team Meetings - 9:45 a.m.
- Newsroom Meeting - 11 a.m.
- Menu Planning Meeting - 11:45 a.m.
- Graphic Des/Multimedia Team Meeting - 1:15 p.m.
- Bus & Tech/Culinary Team Meetings - 1:30 p.m.
- Wellness Wednesday Workshop - 3 p.m.

Thursday, July 1

- Morning Meeting - 9 a.m.
- Individual Team Meetings - 9:45 a.m.
- Multimedia Projects Planning - 11 a.m.
- Graphic Des/Multimedia Team Meeting - 1:15 p.m.
- Bus & Tech/Culinary Team Meetings - 1:30 p.m.
- Telethon Planning Meeting - 3:30 p.m.

Friday, July 2

- Breakfast Buffet and Morning Meeting - 9 a.m.
- Individual Team Meetings - 10 a.m.
- Super Chill Free-write Writer's Workshop - 11 a.m.
- Graphic Des/Multimedia Team Meeting - 1:15 p.m.
- Bus & Tech/Culinary Team Meetings - 1:30 p.m.
- Spanish Workshop - 3 p.m.

HYBRID WORK-ORDERED DAY

TO MAKE A DONATION

visit our website

AcademySRQ.org

and click on the  button

Thank you for transforming lives!

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